



FITKIDS REGISTRATION FORM

PARTICIPANT INFORMATION:

First Name (Print): _____ Last Name (Print): _____ Age: _____

PARENT/GUARDIAN INFORMATION:

First Name (Print): _____ Last Name (Print): _____ Relationship to Child: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Number: _____ Phone Number: _____

Email: _____

EMERGENCY CONTACT:

First Name (Print): _____ Last Name (Print): _____

Contact Number: _____ Relationship to Child: _____

CLASS SELECTION: (Check All That Apply)

Speed & Agility

Kids Zumba®

Kids Yoga

PRICING:

Members: \$72.00 per session (six weeks)

Non-Members: \$90.00 per session (six weeks)

PARENT/GUARDIAN SIGNATURE:

First Name (Print): _____ Last Name (Print): _____

Signature: _____ Date: _____



FITKIDS Class Schedule for February 18 - March 31

CLASS	DAYS	TIMES	AGES	LOCATION	DESCRIPTION
Speed & Agility	Wednesdays	4:00pm - 4:45pm	6 - 11 yrs.	2nd Floor	A youth sports-conditioning class, designed especially to help young athletes develop speed, strength, and agility.
	Saturdays	11:00am - 11:45am			
Kids Zumba®	Mondays	6:00pm - 6:45pm	4 - 11 yrs.	Studio 3	Kids Zumba® features kid-friendly routines based on original Zumba choreography. Help your child develop a healthy lifestyle & incorporate fitness as part of their lives by making fitness fun.
	Fridays				
Kids Yoga	Fridays	5:15pm - 5:45pm	6 - 11 yrs.	Studio 3	Your child will learn how to focus and center themselves with yoga breathing techniques. They will also learn challenging yoga poses and have fun.
		4:30pm - 5:15pm	3 - 6 yrs.		

Non-members are welcome to enroll their children in FitKids!

Registration ends February 15, 2019 for the first six-week sessions.

For more information, contact Maria Thornhill at 201.843.4422 | mariat@fitnessandwellness.org

PLEASE NOTE: A minimum of four children registered in each class is required for all classes to take place.